



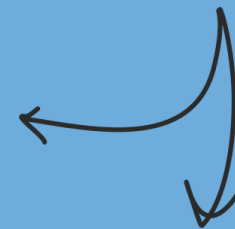
Where we ALL belong!

In this issue:

- Disability Pride Month
- Disability Pride Street Dance
- Zoo Tickets
- Meet Janelle, a Helping Parent Mom
- 4th of July Safety tips
- SSP2P Support Groups
- Coming to Grays Harbor!
- SSP2P upcoming events
- All community info and resources
- Events by County
 - Grays Harbor
 - Kitsap
 - Mason
 - Thurston

**JULY 2025
newsLetter**

Here's what's
happening!



JULY 2025						
S	M	T	W	T	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

**THANK
YOU**

A huge thank you to Jesse Lipson
and Diane Perry for their support
and donations!





South Sound Parent to Parent, where we ALL belong!

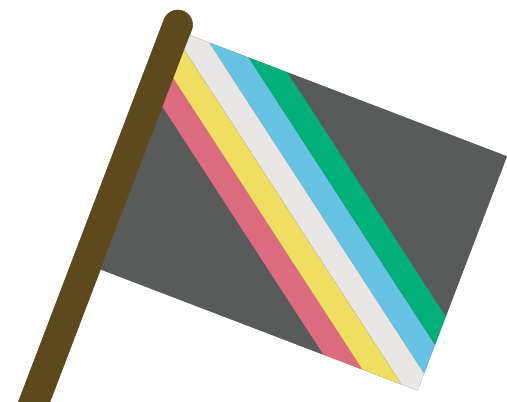


July is Disabilities Pride Month!

Disability Pride Month is an annual observance in July that celebrates the history, achievements, and diverse experiences of the disability community. It also commemorates the signing of the Americans with Disabilities Act (ADA) on July 26, 1990, which prohibits discrimination against people with disabilities. The month-long celebration aims to promote disability culture, visibility, and inclusion, while also challenging ableist perspectives and fostering a sense of pride among individuals with disabilities.

The Disability Pride Flag, designed by Ann Magill, features a black background with five diagonal stripes in red, gold, white, blue, and green.

- The diagonal stripes symbolize cutting across barriers that disabled people face. Each color represents a different category of disability
- **BLACK** background represents mourning for victims of disability violence and ableist violence.
- **RED** for physical disabilities
- **GOLD** for neurodiversity
- **WHITE** for invisible and undiagnosed disabilities
- **BLUE** for emotional and psychiatric disabilities
- **GREEN** for sensory disabilities



South Sound Parent to Parent

Disabilities Pride STREET DANCE

Saturday July 12, 2025

6:00 - 7:30 pm

SSP2P parking lot / 2108 Caton Way SW Olympia



Enjoy food, music, and dancing in our very own parking lot, come join us!

For more information, please contact: Sylvia Davenport 360.352.1126

www.ssp2p.org





South Sound Parent to Parent

We're excited to share that we have a limited number of FREE Woodland Park Zoo tickets available again this year!

Because some tickets went unused last year, we kindly ask that you only register if you're sure you can attend — we want every ticket to bring joy to a family!

***Tickets are exclusively for past or present SSP2P families.**

Registration will be open July 1st at 5:00PM, while supplies last.

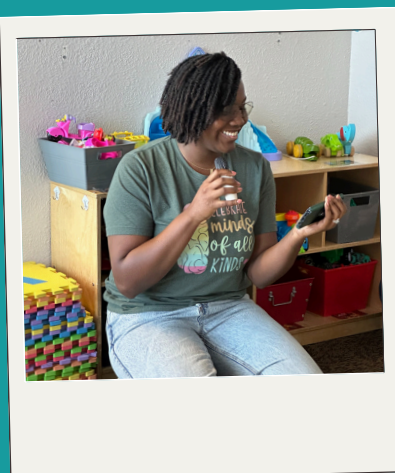
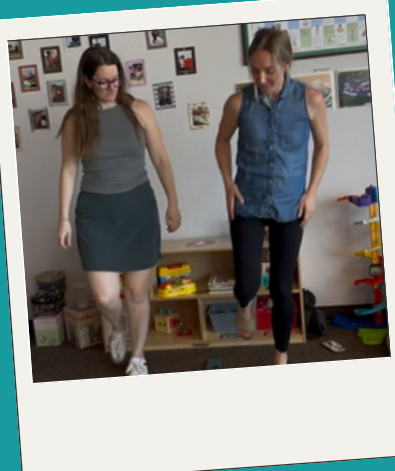
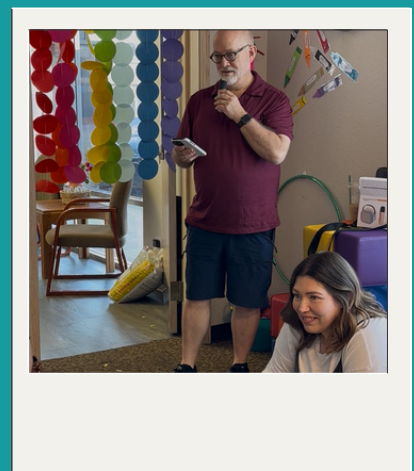
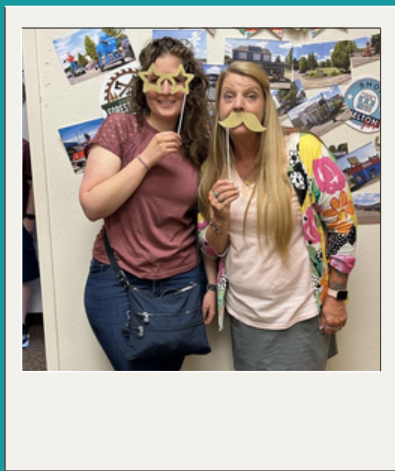
Must register online at: www.ssp2p.org ***Registration does not guarantee tickets.**

For more information, please contact
Helping Parent Team at: 360.352.1126



***You will receive email ticket instructions once registration is closed.**





We had so much fun at the SSP2P Mason Office in Shelton for lunch and games!



Meet Janelle – A Dedicated Mom in Our Helping Parent Program

We're excited to introduce you to Janelle, one of the amazing parents in our Helping Parent Program! As a loving mom of 4, Janelle brings warmth, compassion, and a strong sense of community to everything she does.

- **How long have you been part of South Sound Parent to Parent?**
 - *11 years, but not all consecutively. The last 3 years regularly.*
- **What brought you to SSP2P?**
 - *After maternity leave, we had our son going to a daycare facility. He didn't talk but a few words. After he moved out of the birth to 9-month-old room, he was put into the next age group of children. This was when he started to really struggle. He still didn't talk much. Instead, he would push, hit, or pull children to get their attention. He wasn't listening to directions. The classroom "teacher" told us we may want to get his ears checked because he talked (more like sounded like) he was underwater and didn't have many words he would say. He ended up needing ear tubes. At this time, we were told about SSP2P. SSP2P could evaluate our son to see if he qualified for Developmental Preschool. He qualified. After Developmental Preschool, we moved. We had no idea that SSP2P could still be involved with our family. Fast forward many years. He was starting to struggle and didn't have friends. SSP2P showed up at our school for a resource night. I told the two women that our son had no friends, we lacked support, and I didn't know where to turn. SSP2P gave us resources that were very helpful.*
- **What ssp2p programs /support groups/ etc. are you (or anyone in your family) involved in**
 - *Mom to Mom, Brick to Brick, and Sibshops.*
- **How has ssp2p impacted you and your family?**
 - *The impact has been huge. Our son now has friends that "get him". They don't judge him for his disability. They look past that because all the children are neurodiverse. Our youngest, enjoys going to Sibshop. He's met children that deal with siblings that have a disability. He'll tell you, "I get to get away from my brother for a little bit and just be me." The biggest impact has been Mom to Mom. I have other women that truly understand. This is huge. They celebrate the little wins that we have. They don't judge how we parent. If we are struggling, they give ideas. I have met great women from this group and I call them lifelong friends.*

To learn more about our Helping Parent Program, please visit us at:

<https://www.ssp2p.org/helping-parent>



Fourth of July Safety Tips for Autistic Individuals and Families

Independence Day can bring fun traditions—but also loud noises, bright lights, and unpredictable changes in routine. For many Autistics, this can be overwhelming or even distressing.



Fourth of July Safety Tips for Autistic Individuals and Families

Independence Day can bring fun traditions—but also loud noises, bright lights, and unpredictable changes in routine. For many Autistics, this can be overwhelming or even distressing.

Here are some tips to help make the 4th a safer, more comfortable experience:

Have a plan: Know what events are happening and when, and talk through the schedule ahead of time if possible

Consider noise: Fireworks can be intense—use noise-canceling headphones, earplugs, or plan to stay indoors

Create a comfort zone: A quiet space with sensory supports, snacks, and favorite items can help reduce overwhelm

Watch from a distance: Viewing fireworks from far away or watching a recording can offer the experience with less intensity

Communicate boundaries: It's okay to skip loud events, leave early, or say no to anything that doesn't feel safe or comfortable

Be mindful of wandering: Crowded events can increase the risk—use visual supports, ID tools, or stay close with a trusted person

The 4th of July doesn't have to look one specific way. Whether you celebrate quietly at home, enjoy sparklers in the backyard, or don't celebrate at all—your safety, comfort, and autonomy matter.

autismsocietyofwa.org

SSP2P SUPPORT GROUPS



Support groups allow you to surround yourself with people who 'GET IT'



Mom to Mom <https://www.ssp2p.org/mom-to-mom>

This is a laid-back and private space for moms raising kids with disabilities, developmental delays or chronic illnesses. Feel free to be yourself, share your stories, and know you'll always find understanding and zero judgement here. **We're in this together!**



Dad to Dad <https://www.ssp2p.org/dad-to-dad-support>

Hey dads! Looking for a laid-back group to connect with other dads who get what you're going through? Join Jordan Kennedy at Dad to Dad, a casual meet-up for fathers raising kids with developmental delays or disabilities. We chat, share our stories, and support each other through the ups and downs.



Sibshops <https://www.ssp2p.org/sibshops>

South Sound Parent to Parent Sibshops are for siblings ages 7-18 who have a sibling with a developmental delay or disability. This FREE program is a fun way for 'sibs' to meet with peers who understand the challenges that can come with having a sibling with a disability. Play games, do crafts, connect and have fun! **DINNER INCLUDED!**

GRAYS HARBOR BILINGUAL PEER SUPPORT PROGRAM



South Sound Parent to Parent is excited to bring a new program to Grays Harbor! The bilingual peer support program will provide:

- Emotional support
- Community resources
- Peer mentorship
- Parent education and more!

Sol Gonzalez

Peer Support Coordinator
sgonzalez@ssp2p.org



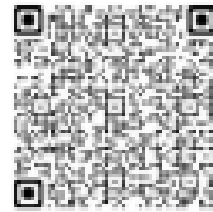
Developmental Disabilities Community
Services, Region 3
Home and Community Living
Administration
**Washington State Department
of Social and Health Services**

JOIN US FOR

Buddies & Beyond!

South Sound Parent to Parent and Hawks Prairie Head Start are partnering to bring a program created for children & families to make connections and build on social skills. Fun activities, with some free play included!

ONE TIME registration required visit us at ssp2p.org or click on qr code:



Meets quarterly from 10:00 AM - 11:30 AM: August 2, November 1, February 7, May 2, and August 1, 2026



For information, please contact:
Sylvia Davenport
360.352.1126 / sdavenport@ssp2p.org

Trista Houdyshell
thoudyshell@esd113.org



<https://www.fns.usda.gov/summer/sunmeals>

Summer Meals and Snacks for Kids

Through SUN Meals, kids of all ages can eat meals and snacks during the summer at no cost at schools, parks, and other neighborhood locations. SUN Meals may have a different name where you live, but the benefit is the same: nutritious meals for kids and teens in the summer when school is out.

Every child aged 18 and under can enjoy SUN Meals, some rural communities now offer SUN Meals To-Go, and eligible school-aged children can also receive SUN Bucks.



Disability Pass

Offered to Washington state residents who are legally blind, profoundly deaf, or who meet the disability definition used by the Social Security Administration.

Grays Harbor County Resources & Community Events



<https://arugh.org/our-services/parent-to-parent/>



<http://www.ghbeyondsurvival.com/>



Beyond Survival Presents **Teen Group**

Peer Support

Learn Ways to Cope

Healthy Relationships

Increase Self-Esteem

Helping Others

For
Survivors
Snacks
Provided

Starts
July 10th
3:30-5:00
for 8 weeks

120 W. First St.
Aberdeen

For more information or to sign up please contact Nickie
at 360.533.9751 or nickieg@ghbeyondsurvival.com

HELPING PEOPLE THRIVE



HOT MEALS PROGRAM

Provided By J Steet Catering

One meal per person

First come first serve

50 meals while supplies last

MONDAY, WEDNESDAY, FRIDAY
12 P.M. WHILE SUPPLIES LAST
1401 SIMPSON AVENUE
ABERDEEN, WA 98520



Any questions contact:
Email: info@tmwg.org
Call: (360)207-0188



The Moore Wright Group will now be providing hot meals to the community on Mondays, Wednesdays, and Fridays from 12-1 or while supplies last. If you have any questions, please reach out to us at (360) 207-0188





PARK & PLAY

Each day during Summer Park & Play, mentors serve FREE lunch & lead fun games, STEM activities, athletics, arts & crafts, and team-building activities

 **JUNE 16th - AUGUST 22nd**
MONDAY - FRIDAY

 **11:00AM-1:00PM**

 **LUNCH: 11:30AM-12:30PM***

 **GARLEY PARK**
PETERSON PLAYFIELD
FINCH PLAYFIELD
NORTH ABERDEEN PLAYFIELD
COSI LIONS PARK

KICKOFF EVENT
June 18th
6:00pm-7:30pm
Finch Park
FREE to the Community!
FREE Bike Raffle - 6 bikes
Foam Pit
Music
Games & Activities
Face Painting
Free Food Boxes
Water Park
FUN

IN PARTNERSHIP WITH:



NO PROGRAM OR LUNCH
June 19th, July 3rd, or July 4th

Kitsap County Resources & Community Events



**BEDTIME BOOKS
AT BETHANY**

Join us for bedtime stories in the parking lot!

July 2, 8, 16, 23, & 30
August 6
6:45pm

Directions:

1. Park as directed; sit in your car, lawn chair, or on a blanket.
2. Read aloud books will be brought to you.
3. Follow along together as the book is read.
4. Go home with an additional book of your choice!



Bethany Lutheran Church, School, & Early Learning Center
151 Tremont Street, Port Orchard 360-876-1300

including
**SK SUMMER
SUPPERS**

SKSD Food & Nutrition will be providing no cost meals to children under the age of 18!



Summer suppers will be served from 5:45-6:45pm each week!

SKSD is an equal opportunity provider & employer



**Sensory
Movie
Time**

SUMMER MOVIE LINE UP

JURASSIC WORLD REBIRTH	JULY 5 TH
SUPERMAN	JULY 12 TH
SMURFS	JULY 19 TH
FANTASTIC FOUR	JULY 26 TH
BADGUYS 2	AUGUST 2 ND
FREAKIER FRIDAY	AUGUST 9 TH

*movies could change due to release dates

SeeFilm presents a Sensory Friendly movie experience. The lights turned down low, sound turned down. "Silence is Golden Policy will not be enforced unless for safety reasons." \$6 ticket, 1 caregiver free for each ticket purchased.

Questions call Kimberly at 360.818.4413

655 4TH ST, BREMERTON, WA
DOORS OPEN: 10:45AM | SHOW TIME: 11:00AM

 **SeeFilm CINEMA** 

Neuro Nexus Teen Scene

The Neuro Nexus Teen Scene is a relaxed space for teens (ages 13-18) with neurodiversity to hang out, make friends, and have fun.

You can drop in or stay for the whole time—totally up to you! We also suggest caregivers hang out nearby in the room or chill in the library while you're at the Teen Scene.



3rd Monday of the month
4:00-6:00 PM
Snacks Provided
Kitsap Regional Library
(Sylvan Way Branch - Heninger Room)



Sylvan Way
Kitsap Regional
Library



South Sound
Parent
to Parent

Kitsap Regional Library web calendar:
<https://krl.bibliocommons.com/events/67e596ba596bfd2f001a35d9>



In partnership with Kitsap Regional Library & South Sound Parent to Parent.

South Sound Parent
to Parent and Kitsap
Regional Library are
offering a teen
program!

South Sound Parent to Parent

FAMILY PICNIC

In The Park

SATURDAY | JULY 19, 2025
11AM - 1PM

Silverdale Waterfront Park (Picnic Shelter)
3337 NW Bryon Street, Silverdale



Family fun event for families of SSP2P, past and present.
Enjoy complimentary lunch and games!
Registration is recommended to help prepare for activities.

Questions, please contact:
Kimberly Adams, kadams@ssp2p.org / 360.818.4413

Register at: ssp2p.org



Join us for a picnic in
the park!

Mason County Resources & Community Events

This voluntary program is supported by funding from DCYF



parents as teachers®

A **FREE** PROGRAM THAT BRINGS TO YOUR FAMILY...

-  Parent Support
-  Prenatal Support
-  FREE Books
-  FREE Diapers (When Available)
-  FREE Play Groups



 Dominga Antonio-Nolasco 360-515-6200
dominga.antonio-nolasco@ccacwa.org
English/Spanish/Kanjool

<https://ccacwa.org/parents1/parents-as-teachers/>



Assistive Technology and Digital Literacy



Participants Will Receive

- Up to \$1,800 of assistive technology tools installed in up to 2 locations.
- Customized digital literacy training.

To Qualify

- ✓ Have a documented disability.
- ✓ Live in a low- or moderate- income household, at or below 300% of the Federal Poverty Guidelines.
- ✓ Reside on Nisqually Indian Tribal Land or in Lewis, Mason, or Grays Harbor Counties.

Assistive Technology & Digital Literacy

<https://sensorytoolhouse.com/pages/bridge>



www.Bridge-AT.com

✉ BridgeSupport@SensoryToolHouse.com
☎ 360-401-8083



Dog Tales

Select Thursdays 10-11AM

June 5, June 26, July 24, August 7, August 28

Come and read to certified therapy dogs Summer, Charley, and Willow!



Dog Trick Show

Tuesday, July 1, 12-1PM

Meet Shelties Dakota and Willow who love showing off their skills!



TEA, TALK, AND TIME-OUT

2nd & 4th Thursdays

2:00 - 3:30



Crafting can be even more fun when you have someone to chat with while you do it. Bring your knitting, crochet, quilting, modeling clay, sketch pad, or whatever it is you do; and make something beautiful in the company of others. This is a low-key, pleasant group of friendly people – you can talk if you want to or work in silence if you prefer.

Sponsored by the Friends of the Shelton Library.

William G. Reed Public Library
Shelton Timberland **LIBRARY**
710 West Alder Street • TRL.org • 360.426.1362



William G. Reed Public Library
Shelton Timberland **LIBRARY**
710 West Alder Street • TRL.org • 360.426.1362



Free Community Breastfeeding Class

Where: MCPHHS WIC Office in the Shelton Family YMCA

When: 3rd Tuesday of each month
from 12:00pm-1:00pm



Women, Infant, and Children (WIC)

healthymasoncounty.com

Community Breastfeeding Support Group Meet-up

Where: MCPHHS WIC Office in the Shelton Family YMCA

When: 3rd Tuesday of each month
from 1:00pm-2:00pm



Reach out for additional information
wic@masoncountywa.gov
or (360) 427-9670 Ext.451

Thurston County Resources & Community Events



Thurston County Food Bank

JULY 2025 Schedule

Questions? Call (360)352-8597 - tcfb.org

Olympia Food Pantry (FP)
220 Thurston Ave. NE
Olympia, WA 98501

Inside Shopping
Mon, Wed, Fri
10:30am - 3pm
Closed every 3rd Monday of the month

Lacey Food Pantry (FP)
7027 Martin Way E
Olympia, WA 98516

Inside Shopping
Tue and Thurs
10am - 2pm
Evening Hours
2nd Wed of the Month
4pm - 6pm

Farm Stand
Lacey Food Pantry (FP)
7027 Martin Way E
Olympia, WA 98516

Inside Shopping
Saturday
July 19 and July 26
11am-1pm

Please bring your own BAGS

Each household will have 2 Full Visits per month and 1 Supplemental Visit per week.
Full Visit provides (when available) non-perishable items(cans), protein(meat), fruits, vegetables, milk, bread, eggs, pastries, dairy(yogurt, cheese), and Partial Other Bank (adult diapers, pads for incontinence, menstrual supplies, baby diapers, pull-ups, baby food, baby formula) and pet food.

**** Important Supplemental Visits do not receive Partial Other Bank ****
Supplemental Visit provides (when available) fruits and vegetables, breads, pastries, pre-made sandwiches, pizzas, dairy (yogurt, cheese), infant formula, and expiration-sensitive foods.

If you are picking up groceries for someone else, you must bring a dated note or text that specifically gives you permission to pick up their food and a copy of their ID. This will be enforced at every visit and at all of our locations.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lacey FP 10am-2pm	2 Olympia FP 10:30-3pm	3 Lacey FP 10am-2pm	CLOSED	5
6	7 Olympia FP 10:30-3pm	8 OTHER BANK Lacey FP 10am-2pm	9 OTHER BANK Olympia FP 10:30-3pm Lacey FP 4pm-6pm	10 OTHER BANK Lacey FP 10am-2pm	11 Olympia FP 10:30-3pm	12
13	14 Olympia FP 10:30-3pm	15 Lacey FP 10am-2pm	16 Olympia FP 10:30-3pm	17 Lacey FP 10am-2pm	18 Olympia FP 10:30-3pm	19 Farm Stand 11am-1pm
20	21 CLOSED	22 Lacey FP 10am-2pm	23 Olympia FP 10:30-3pm	24 Lacey FP 10am-2pm	25 Olympia FP 10:30-3pm	26 Farm Stand 11am-1pm
27	28 Olympia FP 10:30-3pm	29 Lacey FP 10am-2pm	30 Olympia FP 10:30-3pm	31 Lacey FP 10am-2pm		

JULY 24, 2025

11AM-3PM

SUNSHINE & SUMMER RESOURCE FAIR

FREE KIDS ACTIVITES:
FACEPAINTING, BALLOON
ART & GIVE AWAYS ALL DAY

**CONNECT WITH
OVER 40 LOCAL
ORGANIZATIONS**

WITH VALUABLE INFO ON
EDUCATION, MEDICAL, LEGAL,
HOUSING & MORE!

FREE LUNCH

- HOT DOGS
- HAMBURGERS
- CHIPS
- SNO-CONES!

**FORT BORST PARK, CENTRALIA
(BEHIND SAFEWAY)**

HOSTED BY THE COMMUNITY MEDIATION CENTER

hummingbird studio x GRuB

ART on the Farm



2016 Elliot Ave NW, Olympia, WA

Join us under the tent on the GRuB farm for a day of making art and creating in community— rain or shine. All are welcome!

Wednesday, June 18

Wednesday, July 16

Wednesday, August 20

Wednesday, September 24

Two sessions:

10:00 - 11:30 am

12:30 - 2:00 pm

pre-register by e-mail: hummingbird@kokuaservices.org



hummingbird studio is a free, inclusive & accessible art program for artists of all ages and abilities. We believe art belongs to everyone & is essential to a healthy, vibrant community.

Thurston Early Childhood Coalition



SUMMER SPLASH

SATURDAY JULY 12, 2025 / 11:00AM - 2:00PM

VELM COMMUNITY CENTER

OPEN TO THE PUBLIC, ALL ARE WELCOME!

FREE LUNCH, RESOURCES, PRIZES AND MORE!

If your organization would like a table, please register at:

<https://form.jotform.com/240984871826066>

or scan QR code



For more information, please contact: Shawn Thurman: sthurman@ssp2p.org 360.485.2985

ASHH
CULTURAL COMMUNITY CENTER

come join us

Upcoming Events

July

2025

TUES.
IN
JULY

Zumba Gold with Diana Yu
9:00AM - 10:00 AM

WEDS.
IN
JULY

**12-Week Nonfiction Writing Workshop
with Andrae Smith Jr.**
6:30PM - 7:30PM

Wed. July
2

Mixxed Fit Wednesdays with Mel
6:30PM - 7:30PM

Sat. July
19

NAACP of Thurston County Chapter Meeting
11:00AM - 1:00PM

NOW OFFERING FREE CAR SEAT CHECKS

DID YOU KNOW that nearly
60% of car seats aren't
installed correctly?



Be sure your child is
RIDING CORRECTLY in the car!

[www.thurstoncountywa.gov/
parent-and-child-health](http://www.thurstoncountywa.gov/parent-and-child-health)



Children up to age 2 must
ride in a rear-facing car seat.



Children 4 years and older must ride in a
car seat or booster seat until they are
4'9" tall.



Children ages 2 - 4 years must
ride in a car seat with a harness
(rear or forward-facing).



Children up to age 13 must ride
in the back seat when practical.



The American Academy of Pediatrics
recommends children remain in each stage of
protection for as long as possible. Each transition
reduces the protection of the child.